

PREPARATION FOR SIGMOIDOSCOPY

Examination in the afternoon



1. Buy Enema or Rectanal - 2 packages. The description of the use is attached to the packaging.
2. On the day of the examination you can eat breakfast, then don't eat anything to the examination, you can drink.
3. Make an enema in the morning, after breakfast, the second 1-2 hours before leaving the house for the examination.
4. You should not bring valuable items or jewelry to the ambulatory, because staff are not responsible for their destruction or loss.

