## SPECJALISTYCZNE CENTRUM MEDYCZN

## PREPARATION FOR GASTROSCOPY

## Examination in the morning



- 1. 10n the day of the examination, stay on an empty stomach, without eating and drinking.
- 2. Before gastroscopy, there is usually no need to set aside anticoagulants, if you have any questions you can ask your doctor.
- 3. The purpose of the best endoscopic assessment at least 2 weeks before the planned examination is advisable to discontinue (if previously used) drugs such as proton pump inhibitors unless the doctor recommends otherwise.
- 4. In the event that antibiotics were used before gastroscopy (does not apply to eye drops and skin ointments) it is also recommended to perform gastroscopy no earlier than a month after the end of treatment unless the doctor recommends otherwise.
- 5. You should not bring valuable items or jewelry to the ambulatory, because staff are not responsible for their destruction or loss.