

PREPARATION FOR COLONOSCOPY

Examination in the morning

1. Recommended preparation for the test with Moviprep.
2. On the day preceding the examination, a non-residual diet is recommended - jelly, pudding, cottage cheese, clean broth, you can drink still mineral water, tea, apple juice. Eating meals should be finished 2 hours before taking a laxative preparation.
3. Preparation for colonoscopy with Moviprep should be started around 18.00. Moviprep should be dissolved according to the instructions attached to the preparation. 2 liters of solution will be created. From 18.00 to 22.00 drink 1 liter of Moviprep, next 1 liter of water, 1 liter of Moviprep, and next 1 liter of water.
4. Within 5 days preceding the examination, do not eat stone fruit (grapes, apples, kiwi, currants) and bread with small grains.
5. Before the colonoscopy, it is advisable to discontinue the anticoagulation drugs. The consultation with your physician is advisable to treat the possibility of putting off these drugs, withdrawal time before colonoscopy, and the possible need to introduce replacement drugs. In the case of heparin injected subcutaneously - in the morning on the day of the examination we do not use the injection.
6. Oral antidiabetic drugs require discontinuation on the eve of the examination, if you use insulin, its dose requires a significant reduction - you should consult the attending physician in advance.
7. It should be remembered that 6 hours before the test you need to stay on an empty stomach, without eating and drinking. When taking medication for hypertension, you should take medicines in the morning.
8. Do not bring valuable items or jewelry to the studio, because staff are not responsible for destruction or loss.